

CLIMBING

## BENEFITS







**TEAMWORK:** Roped climbing requires trust and communication between the climber and their belayer

A LIFETIME OF OPPORTUNITIES: NICAS provides certification and a great set of skills for personal growth and career opportunities

## SUMMARY

NICAS Climbing offers a structured pathway for developing climbing skills. Receive certificates for progress, feel challenged, and enjoy the adventure!



"NICAS IS AN EXCELLENT SCHEME WHICH HAS GREATLY IMPROVED MY CONFIDENCE WHEN CLIMBING AS WELL **AS MY CLIMBING ABILITY"** 

## HOW DO I FIND **OUT MORE?**

Visit our website by scanning this QR code or visit www.nicas.co.uk

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