



MEET THE WILD CLIMBERS



LEARN

Develop core skills for climbing whilst having fun and gaining confidence



PLAY

Get introduced to the indoor climbing environment in a fun and inclusive way



PROGRESS

Get ready for the NICAS climbing and bouldering schemes as well as other climbing and sporting activities



AGILITY

Move quickly and easily like the agile monkey



BALANCE

Hold your position like the balancing flamingo

"IT IS AMAZING HOW A SESSION ON BALANCE WITH A FUN GAME OF HOPSCOTCH TRANSLATES TO ACCURATE AND SKILFUL CLIMBING MOVEMENTS ON THE WALL!"



COORDINATION

Control your limbs with our coordinated mountain goat



COMMUNICATION

Understand and be understood with our communicating elephant



FOCUS

Use this thinking skill like the focussed lion



TEAMWORK

Work together, and be a teamworking wolf!

BENEFITS OF TAKING PART:

- NICAS Wild Climbers is flexible and fun. With the ability to make games easier or harder for participants, and activities delivered both on and off the wall, everyone can have their skills developed in a fun and inclusive way!
- The scheme was developed for ages 3-6 but anyone who would benefit from Wild Climbers is encouraged to take part.
- It is designed to meet 3 'key learning areas' for early years education: Communication, Physical development and Social/Emotional development.

HOW DO I FIND OUT MORE?

Visit our website by scanning this QR code or by visiting [@nicasclimbing](http://www.nicas.co.uk)

